

DISCLAIMER: While route start times are precise, travel times throughout the route may vary due to traffic, construction, weather, or other impacts.

Research Forest Park & Ride

3900 Marsico Place, The Woodlands, TX

Have questions about the schedule? Call (936) 273-6100

Feel like you have missed a bus? **Need assistance while riding? Call (832) 851-3362**

Sign up for Transit Alerts & Newsletter @ <https://www.thewoodlandstownship-tx.gov/ALERTS>

August 1, 2026

AM Schedule

299 The Woodlands Express - Monday-Friday to Houston										
AM Departure	Research Forest P&R	Arrival	Downtown		Texas Medical Center			Greenway Plaza		
			Milam St. & Congress St.	Milam St. & Jefferson	Milam St. & Elgin St.	Main St. & Cambridge St.	East Rd. & Cambridge St. (UT School of Dentistry)	20 Greenway	9 Greenway	3 Greenway
			ROUTE TIME POINTS							
1	5:20		5:55	6:05						
2	5:30		6:05	6:15						
3	5:45		TMC Express		6:35	6:40	6:55			
4	6:00		6:40	6:50				7:05	7:10	7:15
5	6:05		6:45	6:55						
6	6:15		TMC Express		7:00	7:05	7:20			
7	6:20		7:00	7:10						
8	6:30		7:15	7:25				7:40	7:45	7:50
9	6:45		7:30	7:40						
10	7:00		7:45	7:55				8:10	8:15	8:20
11	7:15		8:00	8:10	8:15	8:20	8:50			
12	7:30		8:15	8:25						
13	8:10		8:55	9:05	9:10	9:15	9:45			

PM Schedule

299 The Woodlands Express - Monday-Friday from Houston										
PM Departure	Texas Medical Center			Greenway Plaza			Downtown		Arrival	Research Forest P&R
	East Rd. & Cambridge St. (UT School of Dentistry)	Main St. / MH Medical Plaza	Travis St. & Elgin St.	20 Greenway	9 Greenway	3 Greenway	Louisiana St. & St. Joseph's Parkway	Louisiana St. & Prairie St.		
ROUTE TIME POINTS										
14	12:28	12:40	12:55				1:00	1:10		1:50
15				2:50	2:55	3:00	3:20	3:30		4:20
16							3:10	3:20		4:10
17	3:33	3:50	4:00	TMC Express						4:40
18							3:30	3:40		4:30
19							3:45	3:55		4:45
20				3:45	3:50	3:55	4:10	4:20		5:10
21							4:00	4:10		5:00
22				4:25	4:30	4:35	4:50	5:00		5:55
23							4:30	4:40		5:35
24	4:33	4:45	5:00	TMC and DOWNTOWN STOPS			5:05	5:15		6:10
25				5:05	5:10	5:15	5:30	5:40		6:35
26							5:20	5:30		6:25
27	5:35	5:40	5:55				6:10	6:20		7:10
28	SUNSETTER RUN - VISITS ALL PARK & RIDES						7:00	7:10		8:15